

# Catholic Parish of the Most Holy Trinity



Church of  
St Henry Morse  
Shelfanger Road, Diss, Norfolk.  
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Tel: 01379 642914  
www.sthenrymorse.com  
Charity No. 278742

Our Lady of  
Mount Carmel  
Carmelite Monastery Chapel,  
Quidenham, Norfolk.  
NR16 2PG  
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Parish Office & Newsletter  
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Parish Treasurer  
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## Parish Diary 17th April - 25th April 2021

Date	Day	Place, Time, Event.	Mass Intentions/ Notes
		HM=Henry Morse, Diss QC=Quidenham, Carmel	<i>Morning Prayer is said at 9.10 on a weekday when there is Mass at 9.30am.</i>
Sat 17th	3RD SUNDAY OF EASTER	QC 0800 Mass HM 1800	
<b>THIRD SUNDAY OF EASTER. (YEAR B)</b>  <i>Psalm Response:</i> <b>The stone that the builders rejected has become the corner stone.</b>  <i>Gospel Acclamation:</i> <b>I am the good shepherd says the Lord; I know my sheep and they know me.</b>  <b>Eucharistic Prayer: 2</b>			
Sun 18th	3RD SUNDAY OF EASTER	HM 0900Mass QC 1030 Mass	Patricia Bond's Dad RIP
Mon 19th		QC 0800 Mass	
Tues 20th		QC 0800 Mass	
Wed 21st		QC 1030 Mass HM 0930 Mass	
Thurs 22nd		QC 0800 Mass	
Fri 23rd	<b>St GEORGE PATRON OF ENGLAND. SOLEMNITY</b>	QC 0800 Mass	
Sat 24th	4TH SUNDAY OF EASTER	QC 0800 Mass HM 1800	For the Parish
Sun 25th	4TH SUNDAY OF EASTER	HM 0900Mass QC 1030 Mass	Patrick Joseph O'Reilly RIP

*During COVID19 anyone who is not receiving Holy Communion must come to the Altar to receive a blessing. To indicate you are seeking a blessing please join those receiving Communion and when in front of the priest cross your arms over your chest.*

*Please pray for the house-bound and sick: Joan Brown, Larry Gahan, Fr. Martin Fears, Monica Palmer, Monica Root, Martin Blaser, Heather Bashford, Peter Hinchey, Brian Grant, Fr. Peter Preston SDS, Pat Kelly, Harold Prendergast, Rosemary Lake, Cyril Bond, Kevin Preston, Ursula Halton, Colin Sparrow, Kathleen Langton & John Pitt.*

We pray for the souls of those whose anniversaries occur in April. James Mc.CLUSKEY, Jane MOORE, Margaret STRUTT-DAVIES, Theresa Ann SEELEY, Catherine HASTED, Shane Leonard MARKLEN, John CROMWELL, James Brian KELLY, Dorothy Ellen LAMBERT, Melissa Jayne MACINTOSH, Barbara Elvin BRYANT, Concetta 'Tina' LEEDER, Kevin Robert HALL, Lillu BAILY, Rose Kathleen GREEN, Marian BLAMEY, Annemaria MILSOM, Edwina TIERNEY, Alwaros NARWOCKI, Mary Constance MULLINS, John O'TOOLE, Martin DONNELLY, Doreen ROBINSON, Thomas Bruce LEVACK, Olive Effie Louise L. EDWARDS, Daniel Michael KELLY, Eileen PADDLE - may they rest in Peace.

# Parish News

**Welcome to the Newsletter.** Mass attendance is still allowed. From now onwards there will be Masses on Vigil of Saturday 6pm, on Sunday 9am, and on Wednesdays 9.30am.

Please pre book your seat by emailing [mass@holytrinitydiss.plus.com](mailto:mass@holytrinitydiss.plus.com) . If you do not have access to email you may call 01379 871944 or 01379 897251.

**Appreciation for Easter:** Fr Alex would like to thank everyone for their generosity of every kind. God richly bless you all.

**Parish Facebook and WhatsApp:** The Parish has a Facebook Page (St Henry Morse Catholic Church) and WhatsApp (call the parish 01379 642914 to add your number) this is a great opportunity for the free flow of information.

## Gift Aid

We are approaching the end of the financial year and are required to submit the Parish Gift Aid return so that HMRC can provide tax rebates on offertory and other collections as appropriate. If you gift aid to the Church and any other charities please ensure that the tax you pay exceeds the amount of tax rebate on your contributions. If the rebate claimed on your contributions exceeds the tax paid HMRC will demand the difference from you.

## Saint Henry Morse - Office Administration (Volunteer)

Father Alex is seeking a volunteer or volunteers to assist him with the day to day administration of the Church office. The role will include but is not exclusive to the administration of:

- \* Weekly Newsletter
- \* Church Diary
- \* Office email
- \* Mass stipends \* Printing

Full training will be provided prior to start date, however a basic knowledge of Email and Word is essential.

The current volunteer gives one morning a week however this could be extended if you have the availability. If you are interested in learning more about this role please speak to Father Alex 01379 642914

**Father Alex Thoughts: Theme: Touch Me.** On this Third Sunday of Easter, Jesus calls us to be authentic in our life and in our relationship with Him and with one another. Let the words we speak reveal the truthfulness of our hearts and minds. Let our actions express the purity of our intentions. Let the beauty of our bodies be the reflection of the inner beauty and splendor of our souls. And let this also be the way we look at others. We cannot continue looking at people and judging them by their external appearances alone. A human person is more than the physical body we see. He is both corporeal and spiritual. Lest we forget, Jesus identified himself with the poor, the neglected and the rejects of society: "Amen, I say to you, whatever you did for one of these least brothers of mine, you did for me" ( Mt 25:40). St. Irenaeus said: "The glory of God is man fully alive." God is glorified when we live our lives to the full. Let us live as true human beings, created in the image and likeness of God. We have bodies, but with souls. So we are not corpses. We have souls, but with bodies. So we are not ghosts. We are human beings, men and women created by God and redeemed by the blood of Jesus Christ, destined to share in the eternal life and glory in God's heavenly kingdom. May we be through witnesses of the resurrection. Alleluia Amen!

"Inviting all young people aged 13+ to the Ignite Festival Online

Join members of the Ignite Team for music, inspiring talks, workshops and prayer. Saturday 1st & Sunday 2nd May 7:00-8:30pm. For more information visit [www.ignitefestival.co.uk](http://www.ignitefestival.co.uk)"

## Prayer after Holy Communion.

**Anima Christi (Soul of Christ)**

**Soul of Christ, sanctify me. Body of Christ, save me.**

**Blood of Christ, inebriate me. Water from the side of Christ, wash me.**

**Passion of Christ, strengthen me. O good Jesus, hear me.**

**Within thy wounds hide me.**

**Suffer me not to be separated from you. From the malicious enemy defend me.**

**At the hour of my death call me and bid me come unto thee,  
That with Thy saints, I may praise you, forever and ever. Amen**