

# Catholic Parish of the Most Holy Trinity



**Church of  
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## Parish Diary 27th February - 7th March 2021

| Date     | Day | Place, Time, Event. | Mass Intentions/Notes<br><i>Morning Prayer is said<br/>at 9.10 on a weekday<br/>when there is Mass at<br/>9.30am.</i> |
|----------|-----|---------------------|---|
| Sat 27th |     | QC 0800 Mass        |   |

### SECOND SUNDAY OF LENT (YEAR B)

*Psalm Response:* **I will walk in the presence of the Lord  
in the land of the living.**

*Gospel Acclamation:* **From the bright cloud the Father's voice was heard:  
'This is my Son, the Beloved, Listen to him.'**

*Eucharistic Prayer:* 4

|               |   |   |  |
|---------------|---|---|--|
| Sun 28th      | <b>SECOND SUNDAY<br/>OF LENT (2nd Col-<br/>lection for CAFOD)</b> | HM 0900 Mass<br>QC 1030 Mass  | Kathleen Langton's<br>Intention  |
| Mon 1st March | <b>ST DAVID,<br/>PATRON SAINT OF<br/>WALES B. Feast</b>           | QC 0800 Mass  |  |
| Tues 2nd      |   | QC 0800 Mass  | Mass for the dead of the<br>Pandemic in all churches<br>in England & Wales |
| Wed 3rd       |   | QC 1030 Mass<br>HM 0930 Mass  |  |
| Thurs 4th     |   | QC 0800 Mass  |  |
| Fri 5th       |   | QC 0800 Mass<br>HM 1000 Stations of the<br>Cross<br>ZOOM Call 1730 Stations of<br>the Cross | At Church<br><br>Please log in at 1725 to<br>ensure prompt start.          |
| Sat 6th       |   | QC 0800 Mass  |  |
| Sun 7th       | <b>THIRD SUNDAY OF<br/>LENT</b>                                   | HM 0900 Mass<br>QC 1030 Mass  | + Helena Hallahan  |

*During COVID19 anyone who is not receiving Holy Communion must come to the Altar to receive a blessing. To indicate you are seeking a blessing please join those receiving Communion and when in front of the priest cross your arms over your chest.*

*Please pray for the house-bound and sick: Joan Brown, , Larry Gahan, Fr. Martin Fears, Monica Palmer, Monica Root, Martin Blaser, Heather Bashford, Peter Hinchey, Brian Grant, Fr. Peter Preston SDS, Pat Kelly, Harold Prendergast, Rosemary Lake, Cyril Bond, Kevin Preston , Ursula Halton, Colin Sparrow, Kathleen Langton & John Pitt.*

We pray for the soul of Joan WESTWOOD and for those whose anniversaries occur in March. William F.A. GRIMWOOD, Clare WERNER, Odette Susanne LANE, Ursula FARRELL, Pamela G WILLIAMS-MEYRICK, Anthony GADSBY, Maria CAMPION, Doris Gertrude CLEWLEY, Helen Mary GRACE, Michael HENIGHAN, Florence A.C. ROBINS, Margaret Janet TOGHILL, Kathleen Peggy BENTIN, Andrew Francis RAE, Henry Edward HORROCKS, Gerald B.J. MOYNIHAN, Miriam Joan JONES, Jennifer JOSLIN, Noel John WHITE, Dorothy Rosslyn GIBBS, Frederick SLOAN, Ronald John Charles DAMANT, Kenneth Paul DEIGHTON, Sheila Ethel KELLY, Dennis CARNELLEY, Mary Jane COLLINS, Connie Mary THAXTER, Michael Stephen BENNETT - may they rest in Peace.

# Parish News

Welcome to the Newsletter.

**Even though we are in Lockdown, Mass attendance is still allowed but only on Sunday 9am, and on Wednesdays 9.30am. If Stewards are available.**

Please pre book your seat each week by emailing [mass@holyltrinitydiss.plus.com](mailto:mass@holyltrinitydiss.plus.com) . If you do not have access to email you may call **01379 871944** or 01379 897251.

**Parish Facebook and WhatsApp:** The Parish has now got a Facebook Page (**St Henry Morse Catholic Church**) and WhatsApp( call the parish to add your number) for free flow of information.

**Lenten Confessions:** Will be held on Fridays, 5, 12, 19, and 26th March. Parishioners can have their confessions heard in the Church or by telephone from their homes. Kindly call Fr Alex to arrange a time.

**DEANERY STATION MASS:** Bishop Alan will be celebrating Mass at St Edmunds, Bury St Edmunds on Tuesday 9th March at 18.00. Although restrictions prevent us from attending, it will be live streamed. The Mass will be preceded by Exposition of the Blessed Sacrament from 17.00. All are invited to join us for this time of prayer and Mass by going to [www.stedmundkm.org.uk](http://www.stedmundkm.org.uk) and following the links: 'Live streaming from St Edmunds'.

**Lent 2021 - Please book your seat in the normal way for each event other than Station of the Cross**

**Stations of the Cross** - 1000 each Friday during Lent in the Church. Or On Line Zoom call **1730**. please type in or *cut and paste* [shorturl.at/gnFW7](https://shorturl.at/gnFW7) Meeting ID: 823 0810 1807 Passcode: d15CQH . Or you may *make the 'Station of the Cross' privately.*

## Holy Week Services

**Mass of the Lord's Supper- 7.00pm(Maundy Thursday). Celebration of the Lord's Passion- 3.00pm(Good Friday). Easter Vigil - 8.30pm(Holy Saturday)**

**Easter Sunday Mass 10.00am(Easter Sunday)**

**Father Alex Thoughts: The Transfiguration:** Today Christ is revealed through his transfiguration as the son of God. The only thing that God demands from us is: "Listen to him!" Listening to Christ means transforming our lives and changing our ways. So, Christ speaks to us through the poor and the marginalized; through the defenceless, through the sick; through the abandoned old people; through the abandoned children in our streets; through the millions of people who have been affected by covid-19. Christ speaks to us through our lonely neighbours who need some care. Christ speaks to us through families and communities in difficulties. Finally, if we respond to these quickly, rather than being indifferent, then we have listened to Jesus Christ, the beloved son of God. This is the transformation that the transfiguration of the Lord leads us. Amen.

**PRAYER TO ST HENRY :** Bless our parish, St Henry, that in our own times we may give fearless witness to the Catholic Faith. May we be inspired by your good works and unfailing sacramental ministry in the celebration of Mass and the absolution of the dying. Grant that we might have that same conviction and clarity of thought to pierce the confused mists of our age with the light of truth that shone in your mind and radiated out through the works of your hands. May we learn to give comfort to those who have been afflicted by the modern plagues of doubt and despair. Let us lead them, by your glorious example, to a sure knowledge of Christ, our Lord, for love of whom you so willingly surrendered your life. We make our prayer through the same Christ our Lord.

**Youth Encounter** Diss- Saturday, 6th March at 7pm

<https://us02web.zoom.us/j/89776895734?pwd=VnJpd2p4YzM0RS82TEd2V1RaU2Yxdz09>

Meeting ID: 897 7689 5734 Passcode: Awesome!

**CAFOD Lent Fast Day- Friday 26th February Coronavirus Appeal (2nd Collection Sunday 28th)**

Many of us here in the UK have suffered terribly because of coronavirus, coping with grief, anxiety and hardship. In the world's poorest countries, health care systems are not coping, and families are going hungry because people cannot go out to earn money. CAFOD is helping to protect and improve the lives of our sisters and brothers during this global emergency. If you can support our Coronavirus Appeal, please donate at [cafod.org.uk/coronavirus](http://cafod.org.uk/coronavirus), where you will find also more information about how CAFOD is responding. Thank you.

## Prayer after Holy Communion.

**Anima Christi (Soul of Christ)**

**Soul of Christ, sanctify me. Body of Christ, save me.**

**Blood of Christ, inebriate me. Water from the side of Christ, wash me.**

**Passion of Christ, strengthen me. O good Jesus, hear me.**

**Within thy wounds hide me.**

**Suffer me not to be separated from you. From the malicious enemy defend me.**

**At the hour of my death call me and bid me come unto thee,  
That with Thy saints, I may praise you, forever and ever. Amen**