

Catholic Parish of the  
Most Holy  
Trinity



**Church of St Henry Morse**

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Charity No. 278742

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Fr. Alex Anaman

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**Our Lady of Mount Carmel  
Carmelite Monastery,**

Quidenham,  
Norfolk NR16 2PH

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Carmel Chaplain  
Fr. Stephen Blair

01953 716060

Parish Diary 18th - 26<sup>th</sup> September 2021

Date	Day	Place, Time, Event.	Mass Intentions/ Notes
		<b>HM</b> - Henry Morse, Diss <b>QC</b> - Quidenham, Carmel	
Sat 18th	<b>Home Mission Day – There will be a second collection for the Home Missions</b>	<b>QC</b> 0800 Mass <b>HM</b> 1800 Mass	For the Parish
<b>25TH SUNDAY IN ORDINARY TIME (B)</b>			
Psalm Response:		The Lord upholds my life.	
Gospel Acclamation:		I am the light of the world, says the Lord, anyone who follows me will have the light of life.	
Eucharistic Prayer:		2	
Sun 19th	<b>Home Mission Day – There will be a second collection for the Home Missions</b>	<b>HM</b> 0900 Mass <b>HM</b> 1130 Mass <b>QC</b> 1030 Mass	Jonathan Castell RIP
Mon 20th	<b>Ss Andrew Kim Tae-gon P, Paul Chong Ha-sang and Comps.</b>	<b>QC</b> 0800 Mass	
Tue 21st	<b>Ss MATTHEW Ap &amp; Evangelist. Feast.</b>	<b>QC</b> 0800 Mass	
Wed 22nd		<b>HM</b> 0930 Mass <b>QC</b> 0800 Mass	
Thurs 23rd	<b>St Pius of Pietrelcina P. Mem.</b>	<b>QC</b> 0800 Mass	
Fri 24th	<b>OUR LAND OF WALSHINGHAM. Solemnity. PRINCIPAL PATRON OF THE DIOCESE</b>	<b>QC</b> 0800 Mass <b>HM</b> 0930 Mass	
Sat 25th	<b>Harvest Fast Day – there will be a second collection for CAFOD</b>	<b>QC</b> 0800 Mass <b>HM</b> 1800 Mass	Mary Anne Ganado RIP & Godwin Ganado RIP
Sun 26th	<b>Harvest Fast Day – there will be a second collection for CAFOD</b>	<b>HM</b> 0900 Mass <b>HM</b> 1130 Mass <b>QC</b> 1030 Mass	

**During COVID19 anyone not receiving Holy Communion must come to the Altar to receive a blessing. To indicate you are seeking a blessing please join those receiving Communion and when in front of the priest cross your arms over your chest.**

**Please pray for the house-bound and sick:** Brian Grant, Joan Brown, Larry Gahan, Fr. Martin Fears, Monica Palmer, Monica Root, Martin Blaser, Heather Bashford, Peter Hinchey, Fr. Peter Preston SDS, Pat Kelly, Harold Prendergast, Rosemary Lake, Cyril Bond, Kevin Preston, Ursula Halton, Colin Sparrow, Kathleen Langton, John Pitt & Richard Ware.

**We pray for the souls of those whose anniversaries occur in September:**

Emma NORTHAM, William Arthur LAMBILLION, Monica MAXWELL, John Michael WARING, Oliver Arthur Amos MACKAY, David Evan TRACY, Edward OWEN, Thomas BANNON, Clara Ivy Muriel WREN, Desmond Kevin DOLAN, Mary Josephine CONLON, Thomas CANNON, Walter Rennie BOYACK, Brendan COPLEY, Lucy GIKE, Sara Margaret DAVIES, Christophelena Adriana GOVAERE. **May they Rest in Peace.**

**Welcome to you all.** Masses at St Henry Morse are currently held on Saturday at 6pm, on Sunday at 9am and 11.30am, and on Wednesdays at 9.30am. It would be **really helpful** if parishioners could **arrive for Mass in plenty of time** to allow for checking in at the door. Last minute arrivals can cause disruption at the start of Mass.

**Covid information update** – our precautionary measures were recently updated and will be effective from 25<sup>th</sup> September. A copy of these revised measures is available to collect from the back of the Church or to view online on the Parish website.

**Father Alex's Thoughts – Theme: The Greatest, is the One Who Serves.** Today, the Twenty-Fifth Sunday of Ordinary Time, we celebrate Christ, the son of God, who is the wisdom that came down from heaven to serve humanity. The three readings we have for this Sunday, present to us a guide that will help us to be true followers of Christ, if we put it into practice in our daily lives. In the first reading, the Book of Wisdom gives us an insight into the devices of the ungodly towards the children of God on how to pull them down and indict them. In the second reading St. James admonishes us as children of God about what we should not practice in our lives and those that we should practice as children of God. Jesus in the gospel educates us on what we should do if we want to be the greatest. A guide that is completely different from the ways of the people of the world. Amen.

**Fr. Alex Holiday** – Fr. Alex will be on holiday from 5<sup>th</sup> October to 12<sup>th</sup> November. Please note there will be **no mass at 11.30 am on Sunday when Fr Alex is away**. We are very grateful to Fr Steve Blair who will cover for Fr Alex while he is on leave. In view of this Masses will be on Saturday at 6 pm, Sunday at 9.00 am and Wednesday at 9.30 am.

**We are looking for a Catechist** who is interested in taking this year's 1<sup>st</sup> Communion classes. If you are interested please speak with Fr Alex.

### **FOODBANK - URGENTLY NEEDED FOOD ITEMS**

Tinned tomatoes, sponge pudding - microwavable long life, small jar coffee, pasta sauce, cooking sauce to go with rice and custard.

### **World Day of Prayer**

"It's more than two years since we have been able to gather together and celebrate the World Day of Prayer, so perhaps you could make a note in your diary and come along to the Coffee Morning set out below.

*World Day of Prayer Coffee Morning. Sat 25th Sept 2021. 10.30am to noon. Diss Methodist Church.*

This is a chance to meet up with all our friends from the other churches in Diss and to raise money for the international World Day of Prayer Committee whose funds have been depleted due to the pandemic. Please do come and support us!

There will be refreshments, cakes, a Bring and Buy and hopefully lots of laughter and chat!

Gill F, Diss WDP Committee. "

**Harvest Festival weekend 25-26<sup>th</sup> September**– Please bring items that celebrate our harvest, and leave them in front of the altar. These items will be donated to the Waveney Foodbank. Please bring your gifts in cardboard boxes rather than in plastic bags.

**CAFOD Family Fast Day on Friday 1 October** - CAFOD's local experts are helping people all over the world to adapt to climate change and protect our common home. By donating to CAFOD this Family Fast Day you can help communities affected by the worst impacts of the climate crisis. You can donate using a CAFOD envelope, available here at church, or online through the CAFOD website.

**Appeal for Stewards** – we have a small number of stewards who assist with the seating and communion arrangements for each Mass and wipe down the pews after services. However **we urgently need additional stewards** to help to maintain the smooth running of our Church services. Please speak with Nikki Young or Fr Alex.

**Message from Silas** - A huge thank you to all those in the parish who have supported my fundraising efforts to study at UWC Pearson College in Canada. I am very grateful for your kindness. I have now spent my first week there, which has been amazing. There are 83 nationalities learning together at the college!

**Parish Social Group Activities** - With reducing covid restrictions we are keen to resume some of the Parish Social Group Activities. We would need to see what the level of interest is, but it could be that monthly activities are held on a weekday approximately 7-8:30 pm. In the past this timing has been agreed to include those at work but also those with responsibilities for dependants during some of the day. The activities we have enjoyed have varied from craft and board games held in the St Henry Morse Church Community Room in the winter and planned walks with pub visits, meals out, theatre and garden visits. If you are interested in anything along similar lines with new suggestions welcome too, please contact Liz Ball 07585847481. All Welcome.

**Masses for Miscarriage and Infertility** will be celebrated by Bishop Alan, at OLISE Church in Newmarket. For more information <https://www.rcdea.org.uk/couples-with-miscarriages-or-infertility-are-not-alone/> or visit the parish website.

**Notices for the newsletter are very welcome** but cannot always be included due to limited space. Please check out the Parish website [www.sthenrymorse.com](http://www.sthenrymorse.com), under the **News and Events** tab, for more comprehensive details of what's going on in the parish and other useful information.

### **Prayer after Holy Communion**

**Anima Christi (Soul of Christ), Soul of Christ, sanctify me. Body of Christ, save me.**

**Blood of Christ, inebriate me. Water from the side of Christ, wash me. Passion of Christ, strengthen me.**

**O good Jesus, hear me. Within thy wounds hide me. Suffer me not to be separated from you.**

**From the malicious enemy defend me. At the hour of my death call me and bid me come unto thee,**

**That with Thy saints, I may praise you, forever and ever. Amen**