

NEWS AND EVENTS

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Important Information & Updates

Important Note: There will be *no mass at 11.30 am on Sundays while Fr. Alex is away*. We are very grateful to Fr. Steve Blair who will cover for Fr. Alex while he is taking annual leave. Masses will be on Saturday at 6 pm, Sunday at 9.00 am and Wednesday at 9.30 am. **There will be no 9.30 mass on Wednesday 13th October.**

Advance booking is strongly recommended for the 6pm Saturday Mass and the 9am Sunday Mass especially now given that there is no 11.30 mass on Sunday for the next few weeks. If you arrive without booking, and the church is full, you risk having to be turned away. Please book via email mass@holytrinitydiss.plus.com, but if you do not have access to email you should call **01379 871944** or **01379 897251**.

Covid information update – our precautionary measures were recently updated and will be effective from 25th September. A copy of these revised measures is available to collect from the back of the Church or can be viewed under the ‘for details of Masses and how to book seats’ tab on the home page.

The Bishop has requested a national Novena seeking the intercession of St. John Paul II that the Assisted Suicide Bill will be defeated in the House of Lords on 22nd October. The novena will run from 13th to 22nd October.

The Novena Prayer - Merciful God, we pray with thanks and gratitude for the great spiritual gift of Saint John Paul II's apostolic life and mission. Through his heavenly intercession we ask that the 'Assisted Dying' Bill be defeated and that the infinite worth of each human person is upheld through proper investment in palliative care. Grant also that we may grow in love for You and proclaim boldly the love of Jesus Christ to all people. Through Christ, Our Lord. Amen

Our Father, Hail Mary, Glory Be....

First Holy Communion – classes will begin in November (date to be confirmed). To attend these classes please register eligible school aged children (those in year 3 or above and/or aged 8 years old at the time of making their First Communion) with one of the Stewards when you attend Mass.

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PASTORAL LETTER OF THE RIGHT REVD ALAN HOPES BISHOP OF EAST ANGLIA - read at all Masses during the weekend of September 18/19, 2021



RC DIOCESE OF EAST ANGLIA

**PASTORAL LETTER
OF
THE RIGHT REVD ALAN HOPES
BISHOP OF EAST ANGLIA**

Dear Brothers and Sisters in Christ,

Some of you at Mass today will remember the Second Vatican Council, convened by Pope John XXIII which lasted from 1962 until 1965. All the bishops of the world came together to look at almost every area of the life and faith of the Church.

These Councils are quite rare. The Holy Father, therefore, still needs to meet on a regular basis with representative bishops from all the Bishops' Conferences in the world. So, every few years, what is called a Synod – an assembly – meets to focus with him on a particular topic. This is always a significant event in the life of the Church.

The next Synod of representative bishops will take place in Rome in 2023. In preparation for this, the Holy Father has asked the whole Church – laypeople and religious, clergy and bishops – the entire Holy People of God – to participate in the preparations for that Assembly.

The Synod has been given the title, “For a Synodal Church: communion, participation and mission.”

That word *Synodal* is really a new word in our language. It is the Holy Father's way of describing the Church *journeying together along the paths of history, towards the encounter with Christ the Lord*. It is a way of recognising that we Christians, in our calling to follow Jesus Christ, never do so alone. We travel with Christ and with one another. The Synodal way is an invitation to journey with open hearts, to listen to the prompting of the Holy Spirit, and to the needs of God's people and those of the world.

In many ways, it is something which I hope we already do in our parishes at meetings, on committees and pastoral councils – and in our Diocese through our Commissions and larger gatherings of the faithful. For in all these gatherings we have much to learn and much to offer. Together we draw on the gifts and graces of our own unique vocation, each in our different way. It is putting into action – at every level of the Church – St Paul's teaching that we are members of one Body, with different gifts to offer.

As the successor to Peter, the Holy Father has a special role in the journey of the Church. He is the head of today's Apostles, the bishops, and the Chief Pastor of the Church. Like Peter, he is the rock on which the Church is built, and the one who must confirm his sisters and brothers in the faith. This building was not made by human hands. It is

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a structure given to us by Jesus himself, not for the exercise of power, but in order to offer service. *The first shall be last and the last shall be first.* And in the Gospel for today he commands his apostles to make themselves last of all and servants of all.

A Synodal Church is one in which the least as well as the greatest has the opportunity to be heard.

Pope Francis also asks us to recognise that this way is unique to the Church and is not to be confused with a secular way of governing. It is not democracy. It is not about communities and individuals with different agendas competing with and opposing one another. It is about consensus – being of a common mind – and is not dependent upon majority voting.

Nor is it a means for changing or challenging the teaching authority of the Church or its doctrine, which has been handed down by Jesus to his Church and safeguarded by successive Popes. Rather, it is about fostering communion and participation, in gentleness and charity – journeying together, listening to each other, learning from each other.

This Pastoral Letter marks the start of this process for our Diocese. I am therefore, inviting you all, as the local Church of East Anglia, to take a full part in these preparations for the Synod.

How can we do this?

First, in communion with the whole church, the Diocesan process will begin on October 17th with Mass in the cathedral at 11 o'clock. All who will be involved practically in the process in parish and diocese will be commissioned.

Second, a Diocesan team has already been formed to serve as a point of contact for this synodal consultation. It consists of the members of our Commission for Catechesis and Formation. It will be led by a layperson, (Mrs Angela Wilson), a deacon, (Huw Williams) and a priest (Fr Andrew Eburne).

Third, within the next few weeks every parish will be invited to take part in this consultation process. Guidance will be provided to assist you in this process. I would ask every parish to appoint, as soon as possible, a lead person or a team to facilitate this consultation in your local Community. They will then send your responses to the Diocesan team who will compile a Diocesan response, which will go to the Bishops' Conference. Our national response will then be sent to Rome, where it will assist those who will be drawing up the agenda for the Synod in 2023. In this way – from the grass roots to the head – we have the chance to co-operate with one another and the Holy Spirit.

St James, in his wonderfully clear and direct way, speaks in today's second reading of the fruits of this collaboration. He tells us that the wisdom of the Holy Spirit, which comes from above, is pure, kindly, considerate and makes for peace.

Whenever we collaborate with the Holy Spirit, and one another, we sow those seeds of the Spirit which bear fruit in holiness and integrity for our world.

So together we pray that the Holy Spirit will guide this *synodal way* forward in our Diocese and in the Universal Church. We ask the prayers of Our Lady of Walsingham and those of St Felix that we will make our journey one of faithful and attentive discernment. We pray above all, that the fruits of this journey for our Diocese and the whole Church will

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take us forward in our mission to live and proclaim the Gospel more faithfully.

With prayerful good wishes
Yours devotedly in Christ,
+Alan
Bishop of East Anglia

Assistance or Help Requested

WAVENEY VALLEY FOOD BANK - ITEMS URGENTLY NEEDED:

- TINNED TOMATOES
- SPONGE PUDDINGS – MICROWAVEABLE – LONGLIFE
- SMALL JAR COFFEE
- PASTA SAUCE
- COOKING SAUCE TO GO WITH RICE
- CUSTARD

We are looking for a Catechist who is interested in taking this year's 1st Communion classes. If you are interested please speak with Fr Alex.

Appeal for Stewards – we have a small number of stewards who assist with the seating and communion arrangements for each Mass and wipe down the pews after services. However **we urgently need additional stewards** to help to maintain the smooth running of our Church services. Please speak with Nikki Young or Fr Alex.

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Parish Library - Volunteer Required

Would you enjoy the role of taking care of the Church library?
The Parish has a number of books available for Parishioners to borrow.
We are looking for someone to take on the role of caring for the library which would primarily involve keeping the books and library area organised. If you may be able to help please speak with Fr. Alex.

Notices

CAFOD Family Fast Day on Friday 1 October

CAFOD's local experts are helping people all over the world to adapt to climate change and protect our common home. By donating to CAFOD this Family Fast Day you can help communities affected by the worst impacts of the climate crisis. Donations can still be made using a CAFOD envelope, available here at church, or online through the CAFOD website.

Parish Social Group Activities

With reducing covid restrictions we are keen to resume some of the Parish Social Group Activities. We would need to see what the level of interest is, but it could be that monthly activities are held on a weekday approximately 7-8:30 pm. In the past this timing has been agreed to include those at work but also those with responsibilities for dependants during some of the day. The activities we have enjoyed have varied from craft and board games held in the St Henry Morse Church Community Room in the winter and planned walks with pub visits, meals out, theatre and garden visits. If you are interested in anything along similar lines with new suggestions welcome too, please **contact Liz Ball 07585 847581**. All Welcome. *Liz*. **The contact number for this group has been updated – please contact Liz on the new number above.**

Diocesan Newman Lectures 2021

This year's in-person Newman Lecture will be at 7pm on Saturday 9th October, given by Rt Hon Prof Ruth Kelly on 'What should we expect from politics after Covid?' at the Cathedral of St John the Baptist, Norwich. The lecture is preceded by Mass at 6pm. All are welcome. For more details see www.newmanlectures.co.uk

Message from Maggie Nylk

Thank you to all who sponsored me on the Churches Bike Ride helping to raise a total of £257.00. Your support is very appreciated. *Maggie*

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Masses for Miscarriage and Infertility will be celebrated by Bishop Alan, at OLISE Church in Newmarket. For more information <https://www.rcdea.org.uk/couples-with-miscarriages-or-infertility-are-not-alone/>

A Mass for those who have experienced MISCARRIAGE (Sunday 10th October 2021, 12 noon). Families are welcome, refreshments afterwards.

A Mass for those affected by INFERTILITY (Saturday 6th November 2021, 11 am.) Followed by a talk on treatment options for Catholic couples with infertility by Dr Phil Boyle, President of the International Institute of Restorative Reproductive Medicine and founder of NeoFertility. We respectfully ask that children do not attend this November Mass.'




MASSES AT OLISE CHURCH, NEWMARKET
with Bishop Alan Hopes

Miscarriage
OCTOBER 10 • 12 NOON
FAMILIES WELCOME
REFRESHMENTS AFTER MASS

Infertility
NOVEMBER 6 • 11 AM
TALK AFTER MASS ON TREATMENT OPTIONS FOR CATHOLIC COUPLES
BY DR PHIL BOYLE, PRESIDENT OF IIRM AND FOUNDER OF NEOFERTILITY
REFRESHMENTS PROVIDED
PLEASE DO NOT BRING CHILDREN TO THIS MASS

Letter of thanks from the Waveney Foodbank



Unit 9b, Airfield Industrial Estate,
Brome,
Eye, Suffolk.
IP23 7HN

Email: treasurer@waveney.foodbank.org.uk
Tel: 07733 061523

Registered Charity 1151679

St Henry Morse Roman Catholic Church
Shelfanger Road
Diss
Norfolk IP22 4DX
3rd September 2021

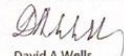
Dear Sir

I write to thank the congregation of St. Henry Morse Roman Catholic Church for its continued support with food donations. Today, in addition to the food donations there was an envelope containing £20.


The need for our services continues especially as rural poverty is largely hidden. Your congregation's support really helps those we serve within the Waveney valley

I hope you will accept this letter as a receipt for your donation.

With my warmest regards



David A Wells
Treasurer



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Ignite Team - Interested in working with children and young people?

Have you recently left school or university? Deciding what to do next as 'A' Level or college results come out? In between jobs? Or would you like to do something different? The Diocesan Youth Service is looking for people aged 18-35 to join the Ignite Team, sharing the Gospel message with young people. These are full-time positions initially for either 12 months (September 2021 or September 2022 intake) or 6 months (January 2022 or January 2023 intake), with training, food, accommodation and a monthly allowance provided. For more information see [www.rcdea.org.uk/yough\[1\]](http://www.rcdea.org.uk/yough[1]).

Inside story of Covid lockdown at Walsingham Shrine

Franciscan friar Fr Gerard Mary Toman has written an account of life inside the Catholic National Shrine at Walsingham during the first Covid-19 lockdown last year.

You can buy Walsingham in Lockdown from the Slipper Chapel Shop online – visit the rcdea.org.uk website.

The Ignite Team have posted a series of *First Fridays* chat shows which share the inspirational stories of Catholics from around the Diocese and beyond.

Each episode features the faith journey of a different guest as well as a musical segment and a time of prayer. Interviewees have included **Sr Theresa Weight** from the Dereham-based Community of Our Lady of Walsingham, **Fr Simon Davies** from St John's Cathedral in Norwich, lay missionary **Shelina Guedes** from Peterborough and many others all sharing their diverse and unique experiences.

"We've had quite a variety of people on the show," remarked show presenter and Ignite Team Leader **Ciaran Losasso**. "The stories they've shared have ranged from fighting poverty to trying seminary to teaching others about sex and relationships and everything in-between."

"It's been a real privilege to hear each of their stories and quite enriching for me personally. I found that each guest gave me something to think about afterwards and there is always something powerful about hearing how God has worked in someone's life."

The musical segments of the shows are also varied and have included contributions from local teenagers as well as from accomplished artists. The latest episode even includes a song from Great Yarmouth priest Fr Alvan Ibeh.

The full series, which is now completed, is now available on Ignite's YouTube channel www.youtube.com/igniteyea along with a selection of other content for young people, and including highlights from the recent Ignite Festival Online. A podcast of selected First Fridays interviews is also

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available on Spotify and other major podcast platforms under the name First Fridays with Ignite.

**More news and interesting
articles can be found on the
diocese website: rcdea.org.uk**