

Catholic Parish of the  
Most Holy  
Trinity



**Church of St Henry Morse**

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Charity No. 278742

Parish Priest  
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**Our Lady of Mount Carmel  
Carmelite Monastery,**

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Norfolk NR16 2PH

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Carmel Chaplain  
Fr. Stephen Blair

01953 716060

Parish Diary 25<sup>th</sup> September – 3<sup>rd</sup> October 2021

Date	Day	Place, Time, Event.	Mass Intentions/ Notes
		HM - Henry Morse, Diss QC- Quidenham, Carmel	
Sat 25th	Friday is Family Fast Day – second collection next weekend for CAFOD Mass Count this weekend	QC 0800 Mass HM 1800 Mass	Mary Anne Ganado & Godwin Ganado
<b>26TH SUNDAY IN ORDINARY TIME (B)</b>			
Psalm Response:		The precepts of the Lord gladden the heart.	
Gospel Acclamation:		Your word is truth, O Lord, consecrate us in the truth.	
Eucharistic Prayer:		2	
Sun 26th	Friday is Family Fast Day – second collection next weekend for CAFOD Mass Count this weekend	HM 0900 Mass HM 1130 Mass QC 1030 Mass	For the Parish
Mon 27th	St Vincent de Paul P Mem.	QC 0800 Mass	
Tue 28th		QC 0800 Mass	
Wed 29th	Ss Michael, Gabriel & Raphael, Archangels. Feast.	HM 0930 Mass QC 0800 Mass	Emily Hegarty RIP
Thurs 30th	St Jerome PD Mem	QC 0800 Mass	
Fri 1st October	Harvest Family Fast Day St Therese of the Child Jesus VD. Mem	QC 0800 Mass	
Sat 2nd	Harvest Festival – CAFOD Fast Day 2 <sup>nd</sup> collection. The Holy Guardian Angels. Mem	QC 0800 Mass HM 1800 Mass	
Sun 3rd	Harvest Festival – CAFOD Fast Day 2 <sup>nd</sup> collection	HM 0900 Mass HM 1130 Mass QC 1030 Mass	Intentions of Margaret Conlon

**During COVID19 anyone not receiving Holy Communion must come to the Altar to receive a blessing. To indicate you are seeking a blessing please join those receiving Communion and when in front of the priest cross your arms over your chest.**

**Please pray for the house-bound and sick:** Brian Grant, Joan Brown, Larry Gahan, Fr. Martin Fears, Monica Palmer, Monica Root, Martin Blaser, Heather Bashford, Peter Hinchey, Fr. Peter Preston SDS, Pat Kelly, Harold Prendergast, Rosemary Lake, Cyril Bond, Kevin Preston, Ursula Halton, Colin Sparrow, Kathleen Langton, John Pitt & Richard Ware.

**We pray for the souls of those whose anniversaries occur in September:**

Emma NORTHAM, William Arthur LAMBILLION, Monica MAXWELL, John Michael WARING, Oliver Arthur Amos MACKAY, David Evan TRACY, Edward OWEN, Thomas BANNON, Clara Ivy Muriel WREN, Desmond Kevin DOLAN, Mary Josephine CONLON, Thomas CANNON, Walter Rennie BOYACK, Brendan COPLEY, Lucy GIKE, Sara Margaret DAVIES, Christophelena Adriana GOVAERE. **May they Rest in Peace.**

**Welcome to you all.** Masses at St Henry Morse are currently held on Saturday at 6pm, on Sunday at 9am and 11.30am, and on Wednesdays at 9.30am. It would be **really helpful** if parishioners could **arrive for Mass in plenty of time** to allow for checking in at the door. Last minute arrivals can cause disruption at the start of Mass. **Advance booking is strongly recommended** for all weekend Masses, especially the 6pm Saturday Mass and the 9am Sunday Mass. If you arrive without booking, and the church is full, you risk having to be turned away. Please book via email [mass@holyltrinitydiss.plus.com](mailto:mass@holyltrinitydiss.plus.com), but if you do not have access to email you should call **01379 871944 or 01379 897251**.

**Covid information update** – our precautionary measures were recently updated and will be effective from 25<sup>th</sup> September. A copy of these revised measures is available to collect from the back of the Church or to view online on the Parish website.

**Father Alex's Thoughts – Theme: God is Ever Faithful.** Today, the Twenty-Sixth Sunday of Ordinary Time, we thank God who freely gives his spirit to all. Through God's free gift, people of all nations can resist evil and manifest His true Spirit in their lives and actions. Today's first reading and gospel are similar in many ways. They remind us that God can freely choose and equip whoever he wishes. We are therefore, admonished today to ensure we eradicate all forms of jealousy, envy and oppression as Christians and children of God. May the precepts of the Lord gladden our hearts and consecrate us in the truth. Amen!

**Fr. Alex Holiday** – Fr. Alex will be on holiday from 5<sup>th</sup> October to 12<sup>th</sup> November. Please note there will be **no mass at 11.30 am on Sunday when Fr Alex is away**. We are very grateful to Fr Steve Blair who will cover for Fr Alex while he is on leave. In view of this Masses will be on Saturday at 6 pm, Sunday at 9.00 am and Wednesday at 9.30 am.

**We are looking for a Catechist** who is interested in taking this year's 1<sup>st</sup> Communion classes. If you are interested please speak with Fr Alex.

#### **FOODBANK - URGENTLY NEEDED FOOD ITEMS**

Tinned tomatoes, sponge pudding - microwavable long life, small jar coffee, pasta sauce, cooking sauce to go with rice and custard.

**Diocesan Newman Lectures 2021** This year's in-person Newman Lecture will be at 7pm on Saturday 9<sup>th</sup> October, given by Rt Hon Prof Ruth Kelly on 'What should we expect from politics after Covid?' at the Cathedral of St John the Baptist, Norwich. The lecture is preceded by Mass at 6pm. All are welcome. For more details see [www.newmanlectures.co.uk](http://www.newmanlectures.co.uk)

**CAFOD Family Fast Day on Friday 1 October** - CAFOD's local experts are helping people all over the world to adapt to climate change and protect our common home. By donating to CAFOD this Family Fast Day you can help communities affected by the worst impacts of the climate crisis. You can donate using a CAFOD envelope, available here at church, or online through the CAFOD website.

**Correction Harvest Festival weekend –will be on 2<sup>nd</sup> & 3<sup>rd</sup> October**– Please bring items that celebrate our harvest, and leave them in front of the altar. These items will be donated to the Waveney Foodbank. Please bring your gifts in cardboard boxes rather than in plastic bags.

**Appeal for Stewards** – we have a small number of stewards who assist with the seating and communion arrangements for each Mass and wipe down the pews after services. However **we urgently need additional stewards** to help to maintain the smooth running of our Church services. Please speak with Nikki Young or Fr Alex.

**Message from Maggie Nylk** - Thank you to all who sponsored me on the Churches Bike ride. I still have a few payments to collect and will let you know the total raised. Maggie

**Parish Social Group Activities** - With reducing covid restrictions we are keen to resume some of the Parish Social Group Activities. We would need to see what the level of interest is, but it could be that monthly activities are held on a weekday approximately 7-8:30 pm. In the past this timing has been agreed to include those at work but also those with responsibilities for dependants during some of the day. The activities we have enjoyed have varied from craft and board games held in the St Henry Morse Church Community Room in the winter and planned walks with pub visits, meals out, theatre and garden visits. If you are interested in anything along similar lines with new suggestions welcome too, please contact Liz Ball 07585847481. All Welcome. Liz

**Masses for Miscarriage and Infertility** will be celebrated by Bishop Alan, at OLISE Church in Newmarket. For more information <https://www.rcdea.org.uk/couples-with-miscarriages-or-infertility-are-not-alone/> or visit the parish website.

**Notices for the newsletter are very welcome** but cannot always be included due to limited space. Please check out the Parish website [www.sthenrymorse.com](http://www.sthenrymorse.com), under the **News and Events** tab, for more comprehensive details of what's going on in the parish and other useful information.

#### **Prayer after Holy Communion**

**Anima Christi (Soul of Christ), Soul of Christ, sanctify me. Body of Christ, save me.**

**Blood of Christ, inebriate me. Water from the side of Christ, wash me. Passion of Christ, strengthen me.**

**O good Jesus, hear me. Within thy wounds hide me. Suffer me not to be separated from you.**

**From the malicious enemy defend me. At the hour of my death call me and bid me come unto thee,**

**That with Thy saints, I may praise you, forever and ever. Amen**