

Catholic Parish of the  
Most Holy  
Trinity



**Church of St Henry Morse**

Shelfanger Road, Diss,  
Norfolk IP22 4DX

Tel: 01379 642914

[www.sthenrymorse.com](http://www.sthenrymorse.com)

Charity No. 278742

Parish Priest  
Fr. Alex Anaman

[parishpriest@holyltrinitydiss.plus.com](mailto:parishpriest@holyltrinitydiss.plus.com)

Parish Office & Newsletter:

[office@holyltrinitydiss.plus.com](mailto:office@holyltrinitydiss.plus.com)

Parish Treasurer:

[finance@holyltrinitydiss.plus.com](mailto:finance@holyltrinitydiss.plus.com)

-----

**Our Lady of Mount Carmel  
Carmelite Monastery,**

Quidenham,  
Norfolk NR16 2PH

Tel: 01953 887202

[www.quidenhamcarmel.org.uk](http://www.quidenhamcarmel.org.uk)

Carmel Chaplain  
Fr. Stephen Blair

01953 716060

Parish Diary 2nd – 10<sup>th</sup> October 2021

Date	Day	Place, Time, Event.	Mass Intentions/ Notes
		HM - Henry Morse, Diss QC- Quidenham, Carmel	
Sat 2nd	Harvest Festival – CAFOD Fast Day 2 <sup>nd</sup> collection. The Holy Guardian Angels. Mem	QC 0800 Mass HM 1800 Mass	For the Parish
<b>27TH SUNDAY IN ORDINARY TIME (B)</b>			
Psalm Response:		May the Lord bless us all the days of our lives.	
Gospel Acclamation:		Your word is truth, O Lord, consecrate us in the truth.	
Eucharistic Prayer:		2	
Sun 3rd	Harvest Festival – CAFOD Fast Day 2 <sup>nd</sup> collection	HM 0900 Mass HM 1130 Mass QC 1030 Mass	Intentions of Margaret Conlon
Mon 4th	St Francis of Assisi DnRel. Mem	QC 0800 Mass	
Tue 5th		QC 0800 Mass	
Wed 6th		HM 0930 Mass QC 0800 Mass	For those no longer attending mass.
Thurs 7th	Our Lady of the Rosary, Mem	QC 0800 Mass	
Fri 8th		QC 0800 Mass	
Sat 9th	St JOHN HENRY NEWMAN P, Feast This week Is Prisons Week Second collection for the Prison Advice & Care Trust (PACT)	QC 0800 Mass HM 1800 Mass	For the Parish
Sun 10th	This week Is Prisons Week Second collection for the Prison Advice & Care Trust (PACT)	HM 0900 Mass QC 1030 Mass	Henri & Tina Pavid RIP

**During COVID19 anyone not receiving Holy Communion must come to the Altar to receive a blessing. To indicate you are seeking a blessing please join those receiving Communion and when in front of the priest cross your arms over your chest.**

**Please pray for the house-bound and sick:** Brian Grant, Joan Brown, Larry Gahan, Fr. Martin Fears, Monica Palmer, Monica Root, Martin Blaser, Heather Bashford, Peter Hinchey, Fr. Peter Preston SDS, Pat Kelly, Harold Prendergast, Rosemary Lake, Cyril Bond, Kevin Preston, Ursula Halton, Colin Sparrow, Kathleen Langton, John Pitt & Richard Ware.

**We pray for the souls of those whose anniversaries occur in October:**

Mary Magdelane S. TAYLOR, Mabel COLLIN, James William DARLING, David George R. GOYDER, Doreen Rose WEATHERLEY, Teresa Elizabeth STRANGE, Tom HEDAUX, John Joseph SHAUGHNESSY, Eric Leonard KEENE, Johanna DOOLEY, James LANGER, Austin Charles WESTWOOD, Ruby Joan COHEN, Simone Mathilde McNALLY, Cynthia Patricia KING, Michael COSTELLO, Giovanna CATALANO, Timothy Sean MORAN, Catherine Patricia NUNN, Irene LAMBILLION, Francis Joseph COHEN, Peter Desmond MAC CARTHY, David WENHAM, Bridget Mary BROWN, John Henry WILLIAMS, Ellen FLETCHER, Charles PRIOLEAU, Joseph MEE, John SOMMERVILLE, Margaret Mary WILKES, William Henry SMITH, Joyce Irene Mary FINN.

**Welcome to you all.** Masses at St Henry Morse are currently held on Saturday at 6pm, on Sunday at 9am and 11.30am, and on Wednesdays at 9.30am. It would be **really helpful** if parishioners could **arrive for Mass in plenty of time** to allow for checking in at the door. Last minute arrivals can cause disruption at the start of Mass. **Advance booking is strongly recommended** for all weekend Masses, especially the 6pm Saturday Mass and the 9am Sunday Mass. If you arrive without booking, and the church is full, you risk having to be turned away. Please book via email [mass@holytrinitydiss.plus.com](mailto:mass@holytrinitydiss.plus.com), but if you do not have access to email you should call **01379 871944 or 01379 897251**.

**Important Note:** There will be no 11.30 Mass on Sunday 10<sup>th</sup> October and no Wednesday Mass on 13<sup>th</sup> October.

**Covid information update** – our precautionary measures were recently updated and will be effective from 25<sup>th</sup> September. A copy of these revised measures is available to collect from the back of the Church or to view online on the Parish website.

**Father Alex's Thoughts – Theme: The Family Union.** Today, the Twenty-seventh Sunday of Ordinary Time, we are invited to reflect on the significance and importance of marriage and family institutions. They are essential institutions founded on a genuine love for the sustenance of humanity. Both our first reading and the gospel strongly call us to uphold the sanctity of marriage and family life. They both remind us that marriage is instituted by God. So, it must be cherished and protected. However, it is important to note that it has its challenges, and these can be overcome through God's grace and good Christian virtues. Amen!

**Fr. Alex Holiday** – Fr. Alex will be on holiday from 5<sup>th</sup> October to 12<sup>th</sup> November. Please note there will be **no mass at 11.30 am on Sunday when Fr Alex is away**. We are very grateful to Fr Steve Blair who will cover for Fr Alex while he is on leave. In view of this Masses will be on Saturday at 6 pm, Sunday at 9.00 am and Wednesday at 9.30 am.

**We are looking for a Catechist** who is interested in taking this year's 1<sup>st</sup> Communion classes. If you are interested please speak with Fr Alex.

#### **FOODBANK - URGENTLY NEEDED FOOD ITEMS**

Tinned tomatoes, sponge pudding - microwavable long life, small jar coffee, pasta sauce, cooking sauce to go with rice and custard.

**Diocesan Newman Lectures 2021** This year's in-person Newman Lecture will be at 7pm on Saturday 9<sup>th</sup> October, given by Rt Hon Prof Ruth Kelly on 'What should we expect from politics after Covid?' at the Cathedral of St John the Baptist, Norwich. The lecture is preceded by Mass at 6pm. All are welcome. For more details see [www.newmanlectures.co.uk](http://www.newmanlectures.co.uk)

**CAFOD Family Fast Day on Friday 1 October** - CAFOD's local experts are helping people all over the world to adapt to climate change and protect our common home. By donating to CAFOD this Family Fast Day you can help communities affected by the worst impacts of the climate crisis. You can donate using a CAFOD envelope, available here at church, or online through the CAFOD website.

**Harvest Festival weekend – 2<sup>nd</sup> & 3<sup>rd</sup> October**– Please bring items that celebrate our harvest, and leave them in front of the altar. These items will be donated to the Waveney Foodbank. Please bring your gifts in cardboard boxes rather than in plastic bags.

**Appeal for Stewards** – we have a small number of stewards who assist with the seating and communion arrangements for each Mass and wipe down the pews after services. However **we urgently need additional stewards** to help to maintain the smooth running of our Church services. Please speak with Nikki Young or Fr Alex.

**Message from Maggie Nylk** - Thank you to all who sponsored me on the Churches Bike ride helping to raise a total of £257.00. Your support is very appreciated. Maggie

**Parish Social Group Activities** - With reducing covid restrictions we are keen to resume some of the Parish Social Group Activities. We would need to see what the level of interest is, but it could be that monthly activities are held on a weekday approximately 7-8:30 pm. In the past this timing has been agreed to include those at work but also those with responsibilities for dependants during some of the day. The activities we have enjoyed have varied from craft and board games held in the St Henry Morse Church Community Room in the winter and planned walks with pub visits, meals out, theatre and garden visits. If you are interested in anything along similar lines with new suggestions welcome too, please contact Liz Ball 07585847481. All Welcome. Liz

**Masses for Miscarriage and Infertility** will be celebrated by Bishop Alan, at OLISE Church in Newmarket. For more information <https://www.rcdea.org.uk/couples-with-miscarriages-or-infertility-are-not-alone/> or visit the parish website.

**Notices for the newsletter are very welcome** but cannot always be included due to limited space. Please check out the Parish website [www.sthenrymorse.com](http://www.sthenrymorse.com), under the **News and Events** tab, for more comprehensive details of what's going on in the parish and other useful information.

#### **Prayer after Holy Communion**

**Anima Christi (Soul of Christ), Soul of Christ, sanctify me. Body of Christ, save me.**

**Blood of Christ, inebriate me. Water from the side of Christ, wash me. Passion of Christ, strengthen me.**

**O good Jesus, hear me. Within thy wounds hide me. Suffer me not to be separated from you.**

**From the malicious enemy defend me. At the hour of my death call me and bid me come unto thee,**

**That with Thy saints, I may praise you, forever and ever.**

**Amen**