

Catholic Parish of
the
Most Holy
Trinity



Church of
St Henry Morse
Shelfanger Road, Diss, Norfolk.
IP22 4DX.
Tel: 01379 642914
www.sthenrymorse.com
Charity No. 278742

Our Lady of
Mount Carmel
Carmelite Monastery Chapel,
Quidenham, Norfolk.
NR16 2PG
Tel: 01953 887202
quidenhamcarmel.org.uk

Parish Priest
Fr. Alex Anaman
Email: parishpriest@
holyltrinitydiss.plus.com

Carmel Chaplain:
Fr. Stephen Blair
01953 716060

Parish Office & Newsletter
office@holyltrinitydiss.plus.com

Parish Treasurer
finance@holyltrinitydiss.plus.com

Parish Diary 8th May- 16th May 2021

Date	Day	Place, Time, Event.	Mass Intentions/ Notes
Sat 8th	SIXTH SUNDAY OF EASTER	QC 0800 Mass HM 1800 Mass	Kathleen Langton's Intentions
SIXTH SUNDAY OF EASTER. (YEAR B) <i>Psalm Response:</i> The Lord has shown his salvation to the nations. <i>Gospel Acclamation:</i> Jesus said: 'If anyone loves me he will keep my word, and my Father will love him, and we shall come to him.' <i>Eucharistic Prayer:</i> 3			
Sun 9th	SIXTH SUNDAY OF EASTER	HM 0900 Mass QC 1030 Mass	A Parishioner's Thanksgiving Intention
Mon 10 th		QC 0800 Mass	
Tues 11 th		QC 0800 Mass	
Wed 12 th		QC 1030 Mass HM 0930 Mass	For the Parish
Thurs 13 th	THE ASCENSION OF THE LORD, SOLEMNITY.	QC 0800 Mass HM 1000 Mass	Betty Kelly RIP
Fri 14 th	ST MATTHIAS Ap. Feast	QC 0800 Mass	
Sat 15 th	SEVENTH SUNDAY OF EASTER	QC 0800 Mass HM 1800 Mass	Sr Edward Toner RIP
Sun 16 th	SEVENTH SUNDAY OF EASTER	HM 0900 Mass QC 1030 Mass	Henri Louis Pavid RIP

During COVID19 anyone who is not receiving Holy Communion must come to the Altar to receive a blessing. To indicate you are seeking a blessing please join those receiving Communion and when in front of the priest cross your arms over your chest.

Please pray for the house-bound and sick: Joan Brown, Larry Gahan, Fr. Martin Fears, Monica Palmer, Monica Root, Martin Blaser, Heather Bashford, Peter Hinchey, Brian Grant, Fr. Peter Preston SDS, Pat Kelly, Harold Prendergast, Rosemary Lake, Cyril Bond, Kevin Preston, Ursula Halton, Colin Sparrow, Kathleen Langton & John Pitt.

We pray for the souls of those whose anniversaries occur in May -Kenneth John McMANUS, Eileen Madeline MORIARTY, Mary Jane SKILTON, John Dela MINARDS, Patrick GROARKE, May HENIGHAN, Kenneth WOOTON, Elio LAZZARINI, Bernard Georges COULTER, Mary Esther KING, Frederick Patrick WESTON, Margaret 'Peggy' MEAD, Mary MUNRO, Patrica Marian GALASINSKI, Ellen GALLEOZZIE, Charles Thomas ROAD-NIGHT, Maria COWLEY, Peter HALTON, John Patrick Francis RHALL, Martin HICKIE, Patrick Joseph McINERNEY, Simon RENAUT, John Francis Arthur Sommerville THOMAS, Kate Elizabeth OCHILTREE, Donald (Don) Alister McQUEEN, Madeleine BRIDGES, Ivy Carnelley, Norma Cecilia, Jeanne FERGUSON, John Joseph LYONS, Thomas William GLENN, Leslie LAMBERT, May Millicent RICE, Michelle LILLIE, Elsie Doris Lillian CLARK, Clair Diana Mary O'CALLAGHAN, Norbert 'Nobby' FARRELL, Ian Angus MACDONALD, Nelly WELLS - may they rest in Peace.

Parish News

Welcome to the Newsletter. Mass attendance is still allowed. From now onwards there will be Masses on Vigil of Saturday 6pm, on Sunday 9am, and on Wednesdays 9.30am.

Please pre book your seat by emailing mass@holyltrinitydiss.plus.com. If you do not have access to email you may call 01379 871944 or 01379 897251.

Parish Facebook and WhatsApp: The Parish has a Facebook Page (St Henry Morse Catholic Church) and WhatsApp (call the parish 01379 642914 to add your number) this is a great opportunity for the free flow of information.

Saint Henry Morse - Office Administration (Volunteer)

We are delighted to advise you that the position of Office Administrator has been filled.

Father Alex Thoughts: Theme: God's Universal Love and Salvation for All. On this sixth Sunday of Easter, we celebrate our Lord, whose love is universal. He has no favourite. Instead, he freely communicates his love and spirit to all who accept him. As we look forward to celebrating his Ascension and Pentecost's coming of his promised Spirit, our Easter season is drawing to a close. Today's gospel is a command to love: "What I command you is to love one another." As a command, it means that we do not have any option than to love one another. The reason is simple. We are products of love. This love flows from God to Christ and from Christ to us. As we celebrate and obey this excellent command to love, let us give thanks to God, who "has shown his salvation to the nations." Alleluia.

Nursery Manager required at Little J&M's Nursery, Felixstowe, please see diocesan website for more details:
<https://www.rcdea.org.uk/schools/school-vacancies/>

Web Administrator

We are looking for an enthusiastic person to take responsibility for updating the Parish website each week. This currently takes about 10-15 mins each week. No specific skills are required as full training will be given. For more information please contact either Father Alex or Mike Grant (email: m.c.grant@btinternet.com).

This year's **Marriage and Family Life Mass** will be both live and livestreamed at the Cathedral on Saturday June 12th at 11am. Certificates will be available for those celebrating significant wedding anniversaries in 2020 and 2021 (anniversaries of one year, five years and every multiple of five years thereafter). Please register to attend the event and/or for a certificate online at: <https://www.rcdea.org.uk/marriage-mass-registration/> there will be a collection at the Mass for those who wish to help the Marriage and Family Life Commission in their work.

Safeguarding - DBS Renewal Reminder

The DBS Renewal list for the parish has been received. If you have a DBS check which is renewed digitally you need to take no further action. If you are not registered for automatic renewal and need a DBS check for your role in parish ministry please contact Nikki Young Parish Safeguarding Rep by email nikyoung.ny@gmail.com to arrange for completion of the relevant paperwork or if you are unsure of your status.

World Communications Day – 16th May 2021

Please pray for all communicators on World Communications Day and please give generously to the second collection. The Communications Office of the Catholic Bishops' Conference of England and Wales supports the mission of the bishops to proclaim the love of Jesus Christ. How you can find out more: www.cbcew.org.uk

"Inviting all young people aged 13+ to the Ignite Festival Online

Join members of the Ignite Team for music, inspiring talks, workshops and prayer. Saturday 1st & Sunday 2nd May 7:00-8:30pm. For more information visit www.ignitefestival.co.uk

Donations to CAFOD's Coronavirus Appeal will help Caritas India distribute PPE kits to frontline health workers, promote COVID & vaccine awareness campaigns, and set up safely run isolation & quarantine centres. You can donate online here: cafod.org.uk/give.

Prayer after Holy Communion.

Anima Christi (Soul of Christ)

Soul of Christ, sanctify me. Body of Christ, save me.

Blood of Christ, inebriate me. Water from the side of Christ, wash me.

Passion of Christ, strengthen me. O good Jesus, hear me.

Within thy wounds hide me.

Suffer me not to be separated from you. From the malicious enemy defend me.

At the hour of my death call me and bid me come unto thee,

That with Thy saints, I may praise you, forever and ever. Amen