

# NEWS AND EVENTS

## Important Information & Updates

**New email address for Fr. Alex:** [alex.anaman@rcdea.org.uk](mailto:alex.anaman@rcdea.org.uk)

**Advance booking is strongly recommended** for the 6pm Saturday Mass and the 9am Sunday Mass. If you arrive at Mass without a booking we will do all we can to accommodate you however, there is a possibility that if no space is available, you may be turned away. Please book via email [mass@holytrinitydiss.plus.com](mailto:mass@holytrinitydiss.plus.com), but If you do not have access to email you should call **01379 871944** or **01379 897251**.

**Covid information update** – our precautionary measures were recently updated and will be effective from 25<sup>th</sup> September. A copy of these revised measures is available to collect from the back of the Church or can be viewed under the 'for details of Masses and how to book seats' tab on the home page.

### THE SYNODAL PATH

The survey for the Synodal Path in our Diocese will go online on our Diocesan and parish website from this weekend November 27/28, Advent Sunday. Please take the time over the coming weeks to prayerfully complete the survey and return it to the Parish Team Leader or to the Diocesan Team on [Synodalway@rcdea.org.uk](mailto:Synodalway@rcdea.org.uk)

Every response is valuable!

Thank you!

+Alan.

**The Rt Rev Alan S Hopes Bishop of East Anglia**

## Parish Programme for Advent

*To enable us to consider our responses to the **Synodal Path survey**, from next Saturday, and continuing **after all Masses during the rest of Advent (Wednesday, Saturday and Sunday)** we will meet for half an hour in the **Community Room** in small groups, **to share in discussions and consider our own responses to the survey**. Starting 2nd Sunday of Advent and continuing and including the 4th Sunday of Advent.*

## Christmas Programme: Masses

Date	St. Henry Morse	Quidenham
19 <sup>th</sup> December	Christmas Carols (to be confirmed)	
24 <sup>th</sup> December	Christmas Eve (Family Mass) @ 6pm 12 Midnight Mass	11pm Office of Reading (12 Midnight Mass)
25 <sup>th</sup> December	Christmas Day Mass 10am	Christmas Day Mass 10.30am
26 <sup>th</sup> December	Sunday 9am, 11.30am	10.30am ( Rest of the week 8am)

**First Holy Communion** – classes will begin in November (date to be confirmed). To attend these classes please register eligible school aged children (those in year 3 or above and/or aged 8 years old at the time of making their First Communion) with one of the Stewards when you attend Mass.

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## Assistance or Help Requested

**'ROTAS FOR CHURCH MINISTRIES:** Please will those volunteering to be **READERS, EUCHARISTIC MINISTERS AND SACRISTANS** put their names against the appropriate Mass and date that they are available to do on the new rotas displayed on the doors between the Community Room and the Church. Hopefully this will enable parishioners to select the dates that are convenient for them. We are looking forward to seeing more parishioners participating in church responsibilities. N.B. Maggie Nylk will continue to organise the Flower rota; Nikki Young will continue to organise the Stewards rota; Anne Hughes will continue organising the Foodbank Rota; Maureen Costello will continue organising the Cleaning and also the Collection Counting rotas. A decision about Coffee after 9am Sunday Mass has not been made yet.'

## WAVENEY VALLEY FOOD BANK - ITEMS URGENTLY NEEDED:

- **TINNED TOMATOES**
- **SPONGE PUDDINGS – MICROWAVEABLE – LONGLIFE**
- **SMALL JAR COFFEE**
- **PASTA SAUCE**
- **COOKING SAUCE TO GO WITH RICE**
- **CUSTARD**

**'NEW CHURCH CLEANING ROTA is now available in the Community Room.** Please add your name to a week that is convenient to you. New volunteers are very welcome and beside the rota is an explanation of what needs to be cleaned. All cleaning materials are in the cupboards under the sink in the kitchen - if you are unsure please contact Maureen Costello 01379 897251. Thank you to everyone who regularly volunteers to keep our church building neat and clean.'

**We are looking for a Catechist** who is interested in taking this year's 1<sup>st</sup> Communion classes. If you are interested please speak with Fr Alex.

**Appeal for Stewards** – we have a small number of stewards who assist with the seating and communion arrangements for each Mass and wipe down the pews after services. However **we urgently need additional stewards** to help to maintain the smooth running of our Church services. Please speak with Nikki Young or Fr Alex.

## Parish Library - Volunteer Required

Would you enjoy the role of taking care of the Church library? The Parish has a number of books available for Parishioners to borrow. We are looking for someone to take on the role of caring for the library which would primarily involve keeping the books and library area organised. If you may be able to help please speak with Fr. Alex.

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CATHOLIC BISHOPS' CONFERENCE OF ENGLAND AND WALES



## Honouring Sunday

As the Synodal Pathway of listening and discerning unfolds, we the bishops of England and Wales, are paying particular attention to the hopes and fears, the joys and anxieties of all who are sharing their thoughts and feelings with us.

### *Longing for our Lord*

We are attentive to the experience of the last year or so, when we have lived our faith through the limitations of the pandemic. We have heard of the longing which some express as a "homesickness." We want to be in the presence of the Blessed Sacrament. We yearn to celebrate the sacraments together, especially the Holy Sacrifice of the Mass. We desire to be nourished by our Lord in Holy Communion. The live streaming of the Mass and the remarkable response of our Catholic communities to those in need, have provided comfort, sustenance and resilience.

### *The Eucharist, source and summit*

The Eucharist is the source and summit of our spiritual and pastoral life. Many people have said to us that they have appreciated the noble simplicity of the Mass at this time, which has allowed the mystery and majesty of our Lord's sacrificial love to shine through.

The central appeal of the Mass, its beauty and its transcendence, raises our minds and hearts to God in an unambiguous and compelling manner. Our Lord Jesus invites us to receive anew the gift of Sunday as the preeminent day, the day of the Resurrection, when the Church gathers to celebrate the Eucharist. Here we stand together before our heavenly Father, offering our thanksgiving and prayer, through our Saviour in the Holy Spirit. Here we receive Christ in his Word. Here we are nourished by Christ in his precious Body and Blood. This is our primary joy, for which there is no substitute, and from which we draw our strength.

### *The Gift of the Sunday Eucharist*

The Sunday Eucharist is a gift; as God's holy people we are called to praise and thank God in the most sublime way possible. When the Church speaks of the Sunday obligation, it reminds us that attending Mass is a personal response to the selfless offering of Christ's love.

At this time, we recognise that for some people there may be certain factors which hinder attendance at Sunday Mass. The pandemic is clearly not over. The risk of infection is still

present. For some, there is legitimate fear in gathering together. As your bishops, we recognise that these prevailing circumstances suggest that not everyone is yet in the position to fulfil the absolute duty to attend freely Sunday Mass.

### *Responding to the Gift*

We now encourage all Catholics to look again at the patterns which they have formed in recent months with regard to going to Mass on Sundays. This would include consideration and reflection about what we might do on Sundays, such as sports or shopping, or other leisure and social activities. This review, and the decisions which arise from it, fall to every Catholic and we trust this will be done with honesty, motivated by a real love for the Lord whom we encounter in the Mass.

The Sunday Mass is the very heartbeat of the Church and of our personal life of faith. We gather on the "first day of the week," and devote ourselves to the apostles' teaching and the fellowship, to the breaking of bread and the prayers (Acts 2:42). The Eucharist sustains us and spurs us on, renewing our gratitude and our hope. When we say "Amen" to Christ in receiving his Body and Blood, we express the love of God which is deep within us, and at the end of Mass, when we are sent forth, we express our love for our neighbour, especially those in need. These two dimensions reveal the full meaning of our faith. We are gathered together and sent out, we pray and are fed, we worship and we adore; these are intrinsic to our lives as those baptised into Christ.

Approved at the Plenary Assembly of Bishops in Leeds  
Thursday 18<sup>th</sup> November 2021

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## **Ladies Guild Revival Meeting – Wednesday 8<sup>th</sup> December @**

**10.30am.** After such a long period of absence we are ready to resume our Ladies Guild meetings on the 2nd Wednesday of the month at 10.30, after Mass. We look forward to welcoming new members as well as familiar faces. Our previous Chair and Secretary have decided that they cannot continue in the roles and we are keen to appoint new people to these roles. If you are interested please contact Kathy Lister on 01379 677844.

**Tuesday Club** - Following the first meeting of the Parish Social Activity group we are having a pre-Christmas get together in the Community Room at St Henry Morse Church , Diss on **Tuesday 30th November at 7pm** . With Christmas drinks and nibbles we can plan activities and topics that we might want to cover next year. All are very welcome to join us for this. Following this we agreed to continue activities on the third Tuesday of the month , hence our name . For any further details please contact Liz Ball on 07585847581



## NEWS AND EVENTS

**THANK YOU  
and  
MERRY CHRISTMAS  
FROM US ALL AT**



**07484 394749**

**info@waveney.foodbank.org.uk**

**Registered charity no. 1151679**

**registered in England and Wales**

**HELP SOMEONE IN CRISIS**

**THIS CHRISTMAS**

**PLEASE DONATE AN ITEM OR MORE**

**FROM OUR LIST**

**Tinned Vegetables**

**Corned Beef**

**Tinned Ham**

**Tinned Tomatoes**

**Sweets for children**

**Microwave Puddings**

**DUE TO HIGH STOCKS**

**PLEASE NO MORE**

**PASTA : MILK : SOUP : CEREAL OR BAKED BEANS**

**until further notice**

# NEWS AND EVENTS

## **Ignite Team - Interested in working with children and young people?**

Have you recently left school or university? Deciding what to do next as 'A' Level or college results come out? In between jobs? Or would you like to do something different? The Diocesan Youth Service is looking for people aged 18-35 to join the Ignite Team, sharing the Gospel message with young people. These are full-time positions initially for either 12 months (September 2021 or September 2022 intake) or 6 months (January 2022 or January 2023 intake), with training, food, accommodation and a monthly allowance provided. For more information see [www.rcdea.org.uk/yough\[1\]](http://www.rcdea.org.uk/yough[1]).

## **The Ignite Team have posted a series of *First Fridays* chat shows which share the inspirational stories of Catholics from around the Diocese and beyond.**

Each episode features the faith journey of a different guest as well as a musical segment and a time of prayer. Interviewees have included **Sr Theresa Weight** from the Dereham-based Community of Our Lady of Walsingham, **Fr Simon Davies** from St John's Cathedral in Norwich, lay missionary **Shelina Guedes** from Peterborough and many others all sharing their diverse and unique experiences.

"We've had quite a variety of people on the show," remarked show presenter and Ignite Team Leader **Ciaran Losasso**. "The stories they've shared have ranged from fighting poverty to trying seminary to teaching others about sex and relationships and everything in-between."

"It's been a real privilege to hear each of their stories and quite enriching for me personally. I found that each guest gave me something to think about afterwards and there is always something powerful about hearing how God has worked in someone's life."

The musical segments of the shows are also varied and have included contributions from local teenagers as well as from accomplished artists. The latest episode even includes a song from Great Yarmouth priest Fr Alvan Ibeh.

The full series, which is now completed, is now available on Ignite's YouTube channel [www.youtube.com/igniteyea](http://www.youtube.com/igniteyea) along with a selection of other content for young people, and including highlights from the recent Ignite Festival Online. A podcast of selected First Fridays interviews is also available on Spotify and other major podcast platforms under the name First Fridays with Ignite.

**More news and interesting  
articles can be found on the  
diocese website: [rcdea.org.uk](http://rcdea.org.uk)**