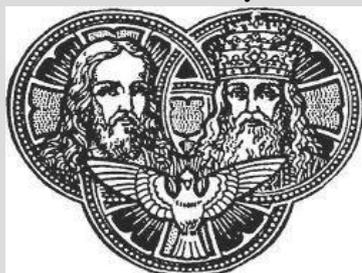


Catholic Parish of the  
Most Holy  
Trinity



**Church of St Henry Morse**

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Charity No. 278742

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Fr. Alex Anaman

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Parish Treasurer:

[finance@holytrinitydiss.plus.com](mailto:finance@holytrinitydiss.plus.com)

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**Our Lady of Mount Carmel  
Carmelite Monastery,**

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Norfolk NR16 2PH

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Carmel Chaplain  
Fr. Stephen Blair

01953 716060

Parish Diary 20th – 28th November 2021

Date	Day	Place, Time, Event.	Mass Intentions/ Notes
		HM - Henry Morse, Diss QC- Quidenham, Carmel	
Sat 20th	<b>St Edmund, King M. Mem. Feast of Christ the King – celebrated as Youth Day</b>	QC 0800 Mass HM 1800 Mass	For the Parish
<b>34th SUNDAY IN ORDINARY TIME (B)</b>			
Psalm Response:		The Lord is king, with majesty enrobed.	
Gospel Acclamation:		Blessings on him who comes in the name of the Lord! Blessings on the coming kingdom of our father David!	
Eucharistic Prayer:		1	
Sun 21st	<b>Feast of Christ the King – celebrated as Youth Day</b>	HM 0900 Mass QC 1030 Mass	Thanksgiving for Crystabel, Riley & Joseph
Mon 22nd	<b>St Cecilia VM Mem.</b>	QC 0800 Mass	
Tue 23rd		QC 0800 Mass	
Wed 24th	<b>Ss Andrew Dung-Lac P &amp; Comps. Mem.</b>	HM 0930 Mass QC 0800 Mass	William Preston RIP
Thurs 25th		QC 0800 Mass	
Fri 26th		QC 0800 Mass	
Sat 27th	<b>1ST SUNDAY OF ADVENT</b>	QC 0800 Mass HM 1800 Mass	
Sun 28th	<b>1ST SUNDAY OF ADVENT</b>	HM 0900 Mass QC 1030 Mass	For the Parish

**To help maintain social distancing during COVID-19 it would be helpful if anyone not receiving communion still went forward with others to receive a blessing from the Priest.**

**Please pray for the house-bound and sick:** Brian Grant, Joan Brown, Larry Gahan, Fr. Martin Fears, Monica Palmer, Monica Root, Martin Blaser, Heather Bashford, Peter Hinchey, Fr. Peter Preston SDS, Pat Kelly, Harold Prendergast, Rosemary Lake, Cyril Bond, Kevin Preston, Ursula Halton, Colin Sparrow, Kathleen Langton, John Pitt & Richard Ware.

**We pray for the souls of those whose anniversaries occur in November:**

Harold Septimus CAMPION, May Jane GUNNING, Mavis June BREWER, Patricia Mary RUSSELL, Marion RUSSELL, Harry Francis DRENEC, Patricia A.C. O'BRIEN, Michael William J. HALFORD, Dorothy Maude Louisa FOULKES, Mary CLARK, Cecil Arthur MOORE, Margaret THOMPSON, Ann DOOLEY, Jill McCONNELL, Doreen Vivianne Angela PRESCOTT, Matthew PEARMAN, Stephen PEARMAN, Maurice GOVEARE, Peter WOWCZUK, Corenia Lily JOHNSTON, Mercy SCOTT, John JOHNSTON, Nicholas TWIGGE, Ivor John MAPLES, Mair JOHNSON, Bessie Mabel FITZGERALD, Geoff CLARKE, Robin Catherine FRASER, Dora Pamela WALSH.

**May they Rest in Peace.**

**Welcome to you all.** Masses at St Henry Morse are *usually* on Saturday at 6pm, on Sunday at 9am and 11.30am, and on Wednesdays at 9.30am. It would be **really helpful** if parishioners could **arrive for Mass in plenty of time** to allow for checking in at the door which will help prevent disruption at the start of Mass.

**Advance booking is strongly recommended** for the 6pm Saturday Mass and the 9am Sunday Mass. If you arrive at Mass without a booking we will do all we can to accommodate you however, there is a possibility that if no space is available, you may be turned away. Please book via email [mass@holyltrinitydiss.plus.com](mailto:mass@holyltrinitydiss.plus.com), but if you do not have access to email please call **01379 871944 or 01379 897251**.

**Covid information update** – our precautionary measures were updated recently and a copy of these revised measures is available to collect from the back of the Church or to view online on the Parish website.

**Important Note:** There will be no 11.30 Mass on Sunday for the next two weeks. The 11.30 Mass will recommence on Sunday 5th December 2021.

Please note that **Fr. Alex has a new email address**. Please send future emails to Fr. Alex at the following email address: [alex.anaman@rcdea.org.uk](mailto:alex.anaman@rcdea.org.uk)

**Fr. Alex's Thoughts:** Today, we acknowledge and adore Christ as the King of kings, the Lord of lords, and the beginning and the end. Pope Pius XI instituted this feast in 1925 in response to growing nationalism and secularism. It was also instituted to promote the worship of Christ in the privacy of our hearts and publicly. The title of the feast was "Jesu Christi Regis" (Jesus Christ the King). In 1969, Pope Paul VI gave the celebration a new title: "Jesu Christi universorum Regis" (Jesus Christ, King of the Universe). He also moved the feast to the last Sunday in the liturgical calendar and transformed it from a feast to a "Solemnity." One of today's celebration's most important goals is to acknowledge and worship Christ as the king of the universe. We must allow Him to reign in our lives. If He reigns in every heart, our families, society, and our entire world would be a better place. May Christ the King reign in our lives, and our world. Amen!

**First Holy Communion** – classes will begin in November (date to be confirmed). To attend these classes please register eligible school aged children (those in year 3 or above and/or aged 8 years old at the time of making their First Communion) with one of the Stewards when you attend Mass.

**We are looking for a Catechist** who is interested in taking this year's First Communion classes. If you are interested please speak with Fr. Alex.

**FOODBANK - URGENTLY NEEDED FOOD ITEMS** - Tinned tomatoes, sponge pudding - microwavable long life, small jar coffee, pasta sauce, cooking sauce to go with rice and custard.

**'SYNODAL PATHWAY: The Journey from 2021 to 2023:** The process has now begun in the Diocese and **everyone** is encouraged to take part in the discussions, reflections and reporting back to the Diocese. This is happening across the world and there are a set of **Ten Questions sent from the Vatican** to guide discussions. Parish meetings will be set up so that we can discuss the questions together as a faith community. There will be online surveys to submit responses but where it is not possible for people to use the online surveys the Parish Co-ordinator (Maureen Costello) will distribute paper copies of the questions and arrange for them to be collected and the information uploaded to the online survey. We will let you know when the information is on the Diocesan Website and also the Parish Website. Some copies of The Ten Questions are available on the table at the church door for anyone who is keen to read them now.

**'NEW CHURCH CLEANING ROTA is now available in the Community Room.** Please add your name to a week that is convenient to you. New volunteers are very welcome and beside the rota is an explanation of what needs to be cleaned. All cleaning materials are in the cupboards under the sink in the kitchen - if you are unsure please contact Maureen Costello 01379 897251. Thank you to everyone who regularly volunteers to keep our church building neat and clean.'

**Appeal for Stewards** – we have a small number of stewards who assist with the seating and communion arrangements for each Mass and wipe down the pews after services. However **we urgently need additional stewards** to help to maintain the smooth running of our Church services. Please speak with Nikki Young or Fr. Alex.

**Tuesday Club** - Following the first meeting of the Parish Social Activity group we are having a pre-Christmas get together in the Community Room at St Henry Morse Church, Diss on **Tuesday 30th November at 7pm**. With Christmas drinks and nibbles we can plan activities and topics that we might want to cover next year. All are very welcome to join us for this. Following this we agreed to continue activities on the third Tuesday of the month, hence our name. For any further details please contact Liz Ball on 07585847581

**Ladies Guild Revival Meeting – Wednesday 8th December @ 10.30am.** After such a long period of absence we are ready to resume our Ladies Guild meetings on the 2nd Wednesday of the month at 10.30, after Mass. We look forward to welcoming new members as well as familiar faces. Our previous Chair and Secretary have decided that they cannot continue in the roles and we are keen to appoint new people to these roles. If you are interested please contact Kathy Lister on 01379 677844.

### **Prayer after Holy Communion**

**Anima Christi (Soul of Christ), Soul of Christ, sanctify me. Body of Christ, save me.**

**Blood of Christ, inebriate me. Water from the side of Christ, wash me. Passion of Christ, strengthen me.**

**O good Jesus, hear me. Within thy wounds hide me. Suffer me not to be separated from you.**

**From the malicious enemy defend me. At the hour of my death call me and bid me come unto thee,**

**That with Thy saints, I may praise you, forever and ever.**

**Amen**